

MODULE SPECIFICATION FORM

Module Title:	Developing Coaching Practice	Level:	4	Credit Value:	20
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Module code:	FAW402	Is this a new module?	No	Code of module being replaced:	SPT404
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Cost Centre:	GASP	JACS3 code:	C610
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Trimester(s) in which to be offered:	1, 2 and 3	With effect from:	September 2016
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School:	School of Social and Life Sciences	Module Leader:	Jon Hughes
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Scheduled learning and teaching hours	40 hrs
Guided independent study	160 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered	Core	Option
BSc (Hons) Football Coaching and the Performance Specialist	✓	
BSc (Hons) Sports Coaching and Performance Development	✓	
BSc (Hons) Sports Management	✓	

Pre-requisites
None

Office use only

Initial approval August 2016

APSC approval of modification – September 2016

Version 2

Have any derogations received SQC approval?

~~Yes~~ No

Module Aims
<p>This module aims to:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Expose students to a variety of sports coaching pedagogical concepts. <input type="checkbox"/> Identify and observe the key roles and responsibilities of the sports coach. <input type="checkbox"/> Provide students with the opportunity to develop their pedagogical skills through applied practice. <input type="checkbox"/> Introduce students to the concept of sports coaches as reflective practitioners.

Intended Learning Outcomes			
Key skills for employability			
KS1	Written, oral and media communication skills		
KS2	Leadership, team working and networking skills		
KS3	Opportunity, creativity and problem solving skills		
KS4	Information technology skills and digital literacy		
KS5	Information management skills		
KS6	Research skills		
KS7	Intercultural and sustainability skills		
KS8	Career management skills		
KS9	Learning to learn (managing personal and professional development, self-management)		
KS10	Numeracy		
At the end of this module, students will be able to			Key Skills
1	Discuss the behaviour attributes and key qualities of effective and ineffective sports coaches	KS1	KS6
		KS2	
2	Observe and evaluate sports coaching practice	KS6	KS3
3	Describe the concept of reflective practice	KS1	KS9
4	Offer an explanation of the benefits of reflective practice within coach education	KS8	
Transferable/key skills and other attributes			
Group work, observation, discussion, self-management, independent thinking and reflection.			

Derogations
N/A

Assessment:

Assessment 1: **Coursework**

Students will be required to conduct an observation of a sports coach delivering a session in a variety of performance settings and evaluate coaching behaviours using a prescribed observational template.

Assessment 2: **Reflective Practice**

Students will write an essay to discuss the importance of reflective practice in coaching and its place in coach education.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1 and 2	Coursework	60%		2500 words
2	3 and 4	Reflective Practice	40%		1500 words

Learning and Teaching Strategies:

The module will include a range of learning forums such as: lectures, tutorials, practical sessions, seminar presentations and self-directed study. Students will be provided with opportunities to coach in a variety of contexts with formative feedback being provided by the module tutor on their performance. There are excellent links with a range of school, academy and club coaching experiences. These links will be used to provide students with opportunities to engage as coaches and coach observers.

Syllabus outline:

- Introduction to Sports Coaching
- Sports Coaching Pedagogy
- Coaching Process
- Coaching Styles and Behaviours
- Communication and Delivery Skills
- Organisation and Planning Coaching Sessions
- Introduction to Reflective Practice
- Coach Observation

Bibliography:
Essential reading
<p>Cassidy, T., Jones, R. and Potrac, P. (2008), <i>Understanding Sports Coaching. The Social, Cultural and Pedagogical Foundation of Coaching Practice</i>. 2nd ed. London: Routledge.</p> <p>Jones, R.L., Hughes, M. and Kingston, K. (eds.) (2008), <i>An Introduction to Sports Coaching</i>. London: Routledge.</p> <p>Magill, R.A. (2003), <i>Motor Learning and Control: Concepts and Applications</i>. London: McGraw-Hill.</p>
Other indicative reading
<p>Cross, N. and Lyle, J. (1999), <i>The Coaching Process: Principles and Practice for Sport</i>. London: Butterworth-Heinemann.</p> <p>Griffin, L., Mitchell, S. and Oslin, J. (1997), <i>Teaching Sports Concepts and Skills: A Tactical Games Approach</i>. Champaign, IL: Human Kinetics.</p> <p>Martens, R. (2004), <i>Successful Coaching</i>. Champaign, IL: Human Kinetics.</p> <p>McMorris, T. (2006), <i>Coaching Science: Theory into Practice</i>. Chichester: John Wiley & Sons Ltd.</p>